



Activity Instructions

Help provide easy to grab snack items for our Pack A Smile family program. Every morning, families select their favorite snack items and place them in a bag to take with them to the hospital

We are asking for community volunteers to donate snack items for this cart. Please provide the following:

- Chips
- Cereal or granola bars
- Crackers
- Nuts or trail mix
- Juice boxes or bottled water
- Cups of applesauce, fruit or pudding
- Microwavable meal, macaroni cup, canned tuna, or ramen



Before you donate these items, please LABEL EACH INDIVIDUAL ITEM with the expiration date. Use a permanent black marker, like a Sharpie, to label.

In addition, with your snack donations, please provide unopened brown lunch bags. In addition, we are always in need of individual packages utensils.

You can find most of these items by clicking on our wish lists links below:

- [Amazon](#)
- [Walmart](#)
- [Target](#)

Questions? Contact Group Volunteer Manager, Samira Loganathan,
at samira@rmhclt.org or call 704.288.5323.