



## Activity Instructions

Help provide easy to grab snack items for our Pack A Smile family program. Every morning, families select their favorite snack items and place them in a bag to take with them to the hospital

We are asking for community volunteers to donate snack items for this cart.

Please provide the following:

- Chips
- Cereal or granola bars
- Crackers
- Nuts or trail mix
- Juice boxes or bottled water
- Cups of applesauce, fruit, or pudding
- Microwavable meal, macaroni or rice cup, canned tuna, or ramen



Before you donate these items, please LABEL EACH INDIVIDUAL ITEM with the expiration date. Use a permanent black marker, like a Sharpie, to label.

In addition, with your snack donations, please provide unopened brown lunch bags. In addition, we are always in need of individual packages utensils.

You can find most of these items by clicking on our wish lists links below:

- [Amazon](#)
- [Walmart](#)
- [Target](#)

We accept donations 7 days of the week, between 8am-8pm at 1613 E. Morehead Street, Charlotte. Our main entrance is on the left side of the building. If you need volunteer hours for your donation or if you have any questions, please contact Group Volunteer Manager, Samira Loganathan at [samira@rmhclt.org](mailto:samira@rmhclt.org).